

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
				1 10-12PM: SENIOR ARTS 12-2PM: DANCE GROUP (2) 1-4PM: SENIORS BAND 2-4PM: TAI CHI 4-8:PM: CLCC YOUTH	2/3 2) 11-1PM : STEM
4 10-2PM: SENIORS GAMES 10-12PM:PING PONG <u>4-6PM:HOMEWORK CLUB</u>	5 9.30-12PM: FOCUS TABLE 1-4PM: DANCE GROUP 4-6PM: ART STARTS <u>3.30-6PM BASKETBALL</u>	6 10-3PM: CHINESE OPERA 3.45-5.45 PM: HEALTHY ARTS FOR SENIORS 4-7PM: DO THE KNOWLEDGE <u>3.30-6PM BASKETBALL</u>	7 10-11AM: SENIORS YOGA 11-12PM: SENIORS MEDITATION 1.30-3PM: SHAPE OF YOU 4-6PM: ART STARTS	8 10-12PM: SENIOR ARTS 12-2PM: DANCE GROUP (2) 1-4PM: SENIORS BAND 2-4PM: TAI CHI 4-8:PM: CLCC YOUTH DROP IN	9/10 9) 11-1PM: STEM
11 10-2PM: SENIORS GAMES 10-12PM:PING PONG <u>4-6PM:HOMEWORK CLUB</u>	12 9.30-12PM: FOCUS TABLE 1-4PM: DANCE GROUP 4-6PM: ART STARTS <u>3.30-6PM BASKETBALL</u>	13 10-3PM: CHINESE OPERA 3.45-5.45 PM: HEALTHY ARTS FOR SENIORS 4-7PM: DO THE KNOWLEDGE <u>3.30-6PM BASKETBALL</u>	14 10-11AM: SENIORS YOGA 11-12PM: SENIORS MEDITATION 1.30-3PM: SHAPE OF YOU 4-6PM: ART STARTS	15 10-12PM: SENIOR ARTS 12-2PM: DANCE GROUP (2) 1-4PM: SENIORS BAND 2-4PM: TAI CHI 4-8:PM: CLCC YOUTH DROP IN	16/17 16) 11-1PM :STEM
18 10-2PM: SENIORS GAMES 10-12PM:PING PONG <u>4-6PM:HOMEWORK CLUB</u>	19 9.30-12PM: FOCUS TABLE 1-4PM: DANCE GROUP 4-6PM: ART STARTS <u>3.30-6PM BASKETBALL</u>	20 10-3PM: CHINESE OPERA <u>3.30-6PM BASKETBALL</u> <u>3-6: GLENDOWER YOUTH DROP IN</u>	21 10-11AM: SENIORS YOGA 11-12PM: SENIORS MEDITATION 1.30-3PM: SHAPE OF YOU 4-6PM: ART STARTS	22 10-12PM: SENIOR ARTS 12-2PM: DANCE GROUP (2) 1-4PM: SENIORS BAND 2-4PM: TAI CHI 4-8:PM: CLCC YOUTH DROP IN	23/24 23) 11-1PM : STEM
25 10-2PM: SENIORS GAMES 10-12PM:PING PONG <u>4-6PM:HOMEWORK CLUB</u>	26 9.30-12PM: FOCUS TABLE 1-4PM: DANCE GROUP 4-6PM: ART STARTS <u>3.30-6PM BASKETBALL</u>	27 10-3PM: CHINESE OPERA 4-7PM: DO THE KNOWLEDGE <u>3.30-6PM BASKETBALL</u>	28 10-11AM: SENIORS YOGA 11-12PM: SENIORS MEDITATION 1.30-3PM: SHAPE OF YOU 4-6PM: ART STARTS	29 10-12PM: SENIOR ARTS 12-2PM: DANCE GROUP (2) 1-4PM: SENIORS BAND 2-4PM: TAI CHI 4-8:PM: CLCC YOUTH DROP IN	30 30) 11-1PM:STEM

PLEASE NOTE ALL ITEMS THAT ARE IN THE COLOR RED ARE OFF SITE AND WILL NOT BE HELD IN THE CHESTER LE COMMUNITY CORNER . PLEASE CONTACT (416)-491-3456 FOR MORE INFORMATION

Youth Programs

Youth Drop – IN for youth ages 13 to 24. Youth are welcome to consult workers in the space. This service is offered during operation hours. Participant registration upon drop-in.

Provincial Youth Outreach Program (YOW) workers facilitate multiple programs in various communities within the Steeles L'Amoreaux area for youth ages 13 – 24. Youths are also able to access workers for one-on-one support.

Do the Knowledge is an Afrocentric program facilitated by Blackstone Foundation Library for youth ages 14 – 19. DTK seeks to empower its participants to establish understanding of their cultural and self-identity in relation to the world around them.

Off Site Basketball enjoy a program of pick up basketball for Youth 13-19 Located at First Alliance Church (3250 Finch Ave E, Scarborough ,ON, M1W 2Y1)

Youth Drop In Nights a program for youth ages 13-19 where they can lounge and relax with other youth from the community. Enjoy free workshops as well as games and activities

Children Programs

After School Program at Chester Le Public School provides children ages 6-12 a structured environment with homework help, fostering creativity and play. Healthy snacks provided.

Art Starts is a program for children and youth that hope to bridge art and learning together. This is a year long program and the art medium and workshop changes by season . Currently they are doing Spoken Word

Seniors Programs

Seniors Dancing is hosted by Pingfanren Chinese Community Center.

Seniors Games .Seniors get together to play this mental game of skill, strategy, and calculations. Great for exercising mental fitness.

Toronto Chinese Senior Band is a rehearsal group that performs with musical instruments in multiple venues across the city.

Chinese Senior Opera is a rehearsal group that performs in multiple venues across the city.

Seniors Yoga is facilitated by a certified yoga instructor, to provide yoga poses modified for seniors

Seniors Art Program is a program ran by seniors in the community to provide arts and craft activities for other seniors in the community

Adult Programs

Toronto Police Monthly Meeting is a time for residents in the community to ask and get familiar with the officers and the division that watches over them .

Food Security Program provides a series of food sustainability, food safety, good food access and cooking healthy workshops. Residents have the Opportunity to grow their own food in the community garden and can rent a plot during the growing season.

Cooking Healthy Together is a program that teaches residents how to cook healthy and look at food nutrition