

Virtual Parent Programs & Workshops Calendar

April 2021

• 4139 Sheppard Ave East, Scarborough, ON M1S 1T1 • (416) 299-9872

Contact Yusra Mohamed at (416)993-6086

Email myusra@agincourtcommunityservices.com

Workshops

Thursday April



1

12:00PM - 1:00M

Gender-Diversity 101

Facilitated by: The 519: Glitterbug and Yusra Mohamed (ACSA)

Join Glitterbug for an interactive workshop that reviews gender-related terminology, gender and child development, and the various ways that gender shows up in our children's lives.

Thursday April



8

1:00PM - 2:00PM

Covid-19: Protect yourself, your family and community (ENGLISH)

Facilitated by: Toronto Public Health Outreach Worker and Yusra Mohamed (ACSA)

Join us for an information session on Covid-19. A Toronto Public Health Outreach Worker will provide up-to-date information and answer you questions. Topics include Covid-19 transmission, prevention, testing, vaccination and community support.

Friday April



9

12:00 PM-1:00 PM

Parent Talk Mandarin Workshop

Facilitated by: Catherine Yan Mind Cao (ACSA) and Yusra Mohamed (ACSA)

In this workshop, we will discuss various topics such as healthy eating, sleep and activities you can do at home with your children! This workshop will be in Mandarin.

Do you want to schedule a time to connect with ACSA's Child & Family Parent Support & Resource Worker?

You can ask questions and discuss various areas of parenting, child development and mental health!

To schedule a 30 minute telephone or zoom chat, contact [Yusra Mohamed](mailto:myusra@agincourtcommunityservices.com) at

myusra@agincourtcommunityservices.com or call 416-993-6086

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Thursday April

15

1:00PM - 2:00PM

Covid-19: Protect yourself, your family and community (TAMIL)

Facilitated by: Toronto Public Health Outreach Worker and Yusra Mohamed (ACSA)

Join us for an information session on Covid-19. A Toronto Public Health Outreach Worker will provide up-to-date information and answer you questions. Topics include Covid-19 transmission, prevention, testing, vaccination and community support.



Wednesday April

28

1:00PM - 2:00PM

Covid-19: Protect yourself, your family and community (HINDI/URDU)

Facilitated by: Toronto Public Health Outreach Worker and Yusra Mohamed (ACSA)

Join us for an information session on Covid-19. A Toronto Public Health Outreach Worker will provide up-to-date information and answer you questions. Topics include Covid-19 transmission, prevention, testing, vaccination and community support.

Parent Programs Ongoing



Ongoing

Every

Tuesday

Parent Talk Series

Facilitated by: Yusra Mohamed (ACSA) and Cecilia Martin from Strides Toronto

Join us to talk about various parenting topics, child development and mental health. Connect with other parents/caregivers and support one another through conversations and



Every

Wednesday

until April 21

12:00 PM-1:00PM

Cooking Healthy Together

Facilitated by: Rossen Lee, ACSA, Yusra Mohamed (ACSA)

A 6 week online program where you will be guided through making new recipes for your family, practice cooking skills, and learn more about nutrition education.

Stay in the loop

Follow us @acsachildfamily

